

Date	Time	Content	Model Required?	Model Name
Day One. Week One	9am-5pm	<p><b><u>9am - WELCOME!</u></b></p> <ul style="list-style-type: none"> <li>Get to know Monaco Nail Academy, your educators, your fellow students and of course the wonderful course you will be immersed in for the next while.</li> </ul> <p><b><u>9.30am – Theory – Client Consultations</u></b></p> <ul style="list-style-type: none"> <li>Before we get started, it’s all about the client. Learn how to perform a professional consultation before starting a service, identify contraindications (alarm bells that tell us not to proceed) and keep thorough client records.</li> </ul> <p><b><u>10.30am – Theory – Hygiene</u></b></p> <ul style="list-style-type: none"> <li>Learn why we need to follow safety and sanitation practices, what products we should use, and how we use them correctly.</li> </ul> <p><b><u>11.30am - Traditional Polish Manicure</u></b></p> <ul style="list-style-type: none"> <li>The best place to start is the beginning - learning how to perform a Traditional Polish Manicure.</li> <li>All Products will be introduced as we go – be careful to take notes as this information will most certainly appear in your assessments at the end of course.</li> </ul> <p><b><u>1pm – Lunch</u></b></p> <p><b><u>2pm – Nail Art</u></b></p> <ul style="list-style-type: none"> <li>Let’s spend the afternoon playing with pretty things!</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>Note that throughout your course, you will share one model between two students (with the exception of Assessments).</p> <p>We suggest that you use the Novice/Grads Facebook Group to communicate with your peers, pair up and take turns finding models that you then share, completing one hand each.</p> <p><b>You and your partner will need a model at 11.30am.</b></p>	

Date	Time	Content	Model Required?	Model Name
Day Two, Week One	9am-5pm	<p><b><u>9am – Welcome and Recaps</u></b></p> <p><b><u>9.30am – Theory – Anatomy</u></b></p> <p><b><u>10.30am – Theory – Troubleshooting and Disorders</u></b></p> <p><b><u>11.30am - Gel Polish Manicure</u></b></p> <ul style="list-style-type: none"> <li>• Having mastered our Manicure steps, we now change tact slightly by completing the service with Gel Polish instead of Traditional Polish. This gives us a whole new range of skills with slightly different preparation, application and finishing as well as a whole new set of pros and cons.</li> </ul> <p><b><u>1pm – Lunch</u></b></p> <p><b><u>2pm - Gel Polish Removal &amp; Gel Polish Manicure – French Finish</u></b></p> <ul style="list-style-type: none"> <li>• What do we do when a Gel Polish client comes back?</li> <li>• How do we maintain Gel Polish Manicures to keep clients returning?</li> <li>• Learn how to remove Gel Polish with ease – without damaging the natural nail!</li> <li>• Master the art of freehand French Polish finishes.</li> <li>• Sneak in a few tips and tricks for making French Manicures even easier.</li> </ul> <p><b><u>4pm – Nail Art</u></b></p> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need models at 11.30am and 2pm.</p> <p>The 2pm model should already have Gel Polish on.</p> <p>You may also want to advise your 2pm model that their French Manicure may not have <i>white</i> tips.</p>	

Date	Time	Content	Model Required?	Model Name
Day Three, Week One	9am-5pm	<p><b><u>9am – Welcome and Recaps</u></b></p> <p><b><u>9.30am – Theory – UV Light</u></b></p> <ul style="list-style-type: none"> <li>• There’s a lot of information out there about UV Lights and the potential exposure to UV rays during Gel Manicures. Today we learn the truth about UV, the levels of risk we expose ourselves too, and the best ways to minimize the (very small) risk.</li> </ul> <p><b><u>10.30am – Theory – Biohazards</u></b></p> <ul style="list-style-type: none"> <li>• Make sure you know your Biological risks and how to avoid them – plus what to do if the best intentions to avoid them don’t go to plan.</li> </ul> <p><b><u>11.30am – Introduction to Beads</u></b></p> <ul style="list-style-type: none"> <li>• It’s onto Hard Gel nails! Today we learn how to form beads and control gel in it’s uncured form.</li> </ul> <p><b><u>12pm – Break</u></b></p> <p><b><u>1pm - Natural Hard Gel Extensions with Forms</u></b></p> <ul style="list-style-type: none"> <li>• It’s time to step it up a notch, learning how to use forms to extend our gel beyond the natural nail for both strength <i>and</i> length.</li> <li>• For even stronger nails, we’ll show you how to enhance the curve of a nail, and explain exactly what impact that has on the longevity of the nail.</li> </ul> <p><b><u>3pm - Focus On Filing</u></b></p> <ul style="list-style-type: none"> <li>• Having applied Extensions already, we now need to learn how to finish that nail to perfection – filing correctly, efficiently, and for maximum results.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need a model at 1pm.</p> <p>If there was ever a time to bring in your Mum or BFF, this is it - they need to hang around until 4.30pm.</p> <p>Don’t forget though that you only need one model between two, so find a partner who is also attending this class and find one model to share.</p>	

Date	Time	Content	Model Required?	Model Name
Day One, Week Two	9am-5pm	<p><b><u>9am – Welcome and Recaps</u></b></p> <p><b><u>9.30am – Theory – Chemical Hazards</u></b></p> <p>Learn which chemicals you are exposing yourself to, which have the potential to be harmful, and how to completely avoid any unnecessary exposure.</p> <p><b><u>10.30am – Theory – Ingredients and Safety When Using Them</u></b></p> <ul style="list-style-type: none"> <li>• Expand your knowledge of the potential hazards around you, how to avoid them and what to do if you accidentally... don't.</li> <li>• Learn how to keep ourselves and our clients as safe as possible at all times.</li> </ul> <p><b><u>11.30am - Natural Hard Gel Extensions with Tips (including Lunch Break)</u></b></p> <ul style="list-style-type: none"> <li>• By now you have some experience extending natural nails with forms – but that's not the only way to do so. Today, learn how to complete the same set of nails using tips instead.</li> <li>• We'll teach you the pros and cons of Tips vs Forms and when you should choose each option.</li> <li>• Your model will be here from 11.30am-3.30pm, including your lunch break.</li> </ul> <p><b><u>3.30pm – Overlays (Demo Only)</u></b></p> <ul style="list-style-type: none"> <li>• You don't always have to extend the nail when applying Hard Gel. This afternoon we're going to show you how to apply an overlay of Gel for strength.</li> </ul> <p><b><u>4pm – Liquid and Powder/Acrylic Nails (Demo Only)</u></b></p> <ul style="list-style-type: none"> <li>• You've chosen to complete a Gel-Only course which means you won't be qualified in Acrylic services <i>however</i>, tomorrow you start to learn about the chemistry behind the services you offer and briefly seeing Acrylic in action will help this make a lot more sense.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need a model at 11.30am.</p> <p>Please choose someone who is prepared to stay until 3.30pm, during which time you will take a lunch break.</p>	

Date	Time	Content	Model Required?	Model Name
Day Two, Week Two	9am-5pm	<p><b><u>9am – Welcome and Recaps</u></b></p> <p><b><u>9.30am – Theory – Introduction to Acrylates</u></b> It's time to get into Chemistry, learning the ins and outs of the products you work with most often. Today we start to understand more about plastics and polymerization before delving further into a couple of types of plastics – Cyanoacrylates and Oligomers.</p> <p><b><u>10.30am – Theory – Polymers and Acrylate Characteristics</u></b> There's one more important type of acrylate we haven't covered yet – polymers. Once we know lots about each type of plastic, it's time to focus on the characteristics of those plastics and what they mean for us in the salon.</p> <p><b><u>11.30am - French Hard Gel Extensions</u></b></p> <ul style="list-style-type: none"> <li>• Today we learn how to complete the nails that will eventually make up your Hard Gel Assessment. We're still extending the natural nail – but this time the nails we sculpt will be French.</li> <li>• By now you know the pros and cons of using both tips and forms, and have experience with both. You will most likely specialize in one or the other once you graduate so during this session you can choose which method you use.</li> <li>• Your model will be here from 11.30am-3pm, including your lunch break.</li> </ul> <p><b><u>3pm – Hard Gel Removal, Cracks &amp; Breaks</u></b></p> <ul style="list-style-type: none"> <li>• Now that we know how to apply Gel, we're going to learn how to take it off safely. We'll also practice repairing cracks and breaks beforehand. We'll be working on each other, so please make sure you have two Hard Gel Extensions on <i>before</i> you come to class today.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need a model at 11.30am.</p> <p>Please choose someone who is prepared to stay until 3pm, during which time you will take a lunch break</p> <p>At 3pm you will be working on each other. Please come to class on this day with at least two Hard gel Extensions <i>already</i> on.</p>	

Date	Time	Content	Model Required?	Model Name
Day Three, Week Two	9am-5pm	<p><b><u>9am – Welcome and Recaps</u></b></p> <p><b><u>9.30am – Theory – ‘Diagnosing’ your Clients</u></b></p> <p>It’s not enough to know how to <i>do</i> each technique – <i>why</i> are you doing it? Where a big fan of ‘the why’ here at Monaco, and don’t believe in doing or saying something ‘just because’. With your new-found chemistry knowledge and a wee bit of experience under your belt, learn in this session why you shouldn’t just accept that a client wants a certain service and how to ‘diagnose’ if something else would work better for their wants and needs.</p> <p><b><u>10.30am – Theory – Nail Biters</u></b></p> <ul style="list-style-type: none"> <li>• Discuss the reasons people bite their nails and the best ways to help them stop.</li> <li>• Discover easy ways to make a nail biter look great for a special occasion.</li> <li>• Learn which techniques to use if applying enhancements and how to do so safely.</li> </ul> <p><b><u>11.30am – Hard Gel Backfill</u></b></p> <ul style="list-style-type: none"> <li>• Now that we have a firm grasp on Hard Gel Application, it’s time to start learning how to maintain it. Hard Gel nails never need to be removed as they can be backfilled and rebalanced, repaired and altered to suit.</li> <li>• Today we learn how to do a simple 2 or 3-weekly maintenance service called a Backfill.</li> </ul> <p><b><u>1.30pm – Lunch</u></b></p> <p><b><u>2.30pm – Hard Gel Rebalance</u></b></p> <ul style="list-style-type: none"> <li>• Following on from your backfill lesson, we learn how to rebalance. Rebalancing is a very similar maintenance service which also allows us to create, move (or ‘rebalance’) a French tip.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need to bring in models at 11.30am and 2.30pm.</p> <p>Both models will ideally already have extensions on that are at least a week old.</p> <p>These extensions can be either Acrylic or Hard Gel, French or coloured and can have been done at any salon.</p>	