

Date	Time	Content	Models
Day One	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am – Introduction to Acrylic Beads and Ratios</u></p> <ul style="list-style-type: none"> It's onto Liquid and Powder (commonly known as Acrylic) nails! Today we learn how to form beads of acrylic, control it in liquid form and mix with the right ratios. <p><u>12pm – Break</u></p> <p><u>1pm – Overlays</u></p> <ul style="list-style-type: none"> Once we've worked for a while on a practice sheet, we will move onto applying an overlay of Liquid and Powder to the nail for strength. <p><u>2.30pm – Nail Art</u></p> <p>Let's spend the afternoon making cool things out of liquid and powder. It's usually considered quite advanced but we think mastering these techniques early gives you greater control and mastery.</p> <p><u>4.30pm – Wind Down and Review</u></p>	<p>Throughout this course, you will share one model between two students.</p> <p>Use the Novice/Grads Facebook Group to communicate with your peers, pair up and take turns finding models that you then share, completing one hand each.</p> <p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> Acrylic Overlay (strength but no extra length added) – 1pm-2.30pm <p>Name: _____</p> <p>All models need naked nails unless otherwise specified.</p> <p>In the event that one of your models doesn't turn up, it is recommended that you also have naked nails so that you and your buddy can work on each other.</p>

Date	Time	Content	Models
Day Two	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am - Natural Liquid & Powder Extensions with Forms</u></p> <ul style="list-style-type: none"> • It's time to step it up a notch, learning how to use forms to extend our liquid and powder beyond the natural nail for both strength <i>and</i> length. • For even stronger nails, we'll show you how to enhance the curve of a nail, and explain exactly what impact that has on the longevity of the nail. <p><u>1pm – Break</u></p> <p><u>2pm - Focus On Filing</u></p> <ul style="list-style-type: none"> • Having applied Extensions this morning, we now need to learn how to finish that nail to perfection – filing correctly, efficiently, and for maximum results. <p><u>3.30pm – Encapsulated Nail Art</u></p> <p>Let's spend the afternoon playing with shiny things. That's why you're here, right?!</p> <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> • 'Natural' Acrylic Extensions (This means 'Not French') 10.30am-3.30pm <p>Name: _____</p> <p>Your model must have naked nails.</p> <p>If there was ever a time to bring in your Mum or BFF, this is it - they need to hang around through lunch and until 3.30pm.</p> <p>Don't forget though that you only need one model between two, so find a partner who is also attending this class and find one model to share.</p>

Date	Time	Content	Models
Day Three	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am - Natural Liquid & Powder Extensions with Tips</u></p> <ul style="list-style-type: none"> • By now you have some experience extending natural nails with forms – but that’s not the only way to do so. Today, learn how to complete the same set of nails using tips instead. • We’ll teach you the pros and cons of Tips vs Forms and when you should choose each option. <p><u>1.30pm – Break</u></p> <p><u>2.30pm – Liquid & Powder Backfill</u></p> <ul style="list-style-type: none"> • Now that we have a firm grasp on Liquid and Powder Application, it’s time to start learning how to maintain it. Liquid and Powder nails never need to be removed as they can be backfilled and rebalanced, repaired and altered to suit. • Today we learn how to do a simple 2 or 3-weekly maintenance service called a Backfill. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> • ‘Natural’ Acrylic Extensions 10.30am-1.30pm <p>Name: _____</p> <ul style="list-style-type: none"> • Acrylic Backfill/Infill – 2.30pm-4.30pm <p>Name: _____</p> <p>The 2.30pm model will ideally already have extensions on that are at least a week old.</p>

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Day Four	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am - French Liquid & Powder Extensions</u></p> <ul style="list-style-type: none"> • Today we learn how to complete the nails that will eventually make up your Liquid and Powder Assessment. We're still extending the natural nail – but this time the nails we sculpt will be French. • By now you know the pros and cons of using both tips and forms, and have experience with both. You will most likely specialize in one or the other once you graduate so during this session you can choose which method you use. <p><u>1.30pm – Break</u></p> <p><u>2.30pm - Liquid & Powder Removal, Cracks & Breaks</u></p> <ul style="list-style-type: none"> • Now that we know how to put Liquid and Powder <i>on</i>, we're going to learn how to safely take it <i>off</i>. There is still a lot to learn about application, but being able to take it off will make life a lot easier with practicing on friends and family. • Since we're going to take them off anyway, we will use this opportunity to learn how to fix cracks and breaks in the nails and we'll also learn about different ways of finishing the nail. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> • French Acrylics - 10.30am-1.30pm Name: _____ • Removal of Acrylics – 2.30pm-4.30pm Name: _____ <p>The 2.30pm model needs to already have Acrylic Extensions on and be happy to have them removed.</p>

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Day Five (Day One of Week Two)	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am – Natural Liquid and Powder Extensions</u></p> <ul style="list-style-type: none"> You thought you had these nailed, right? You do – <i>if</i> the client wants them painted. If not, you’re going to need to disguise their short natural nail somehow or the finished effect won’t be so cute. We’re going to use a ‘cover powder’ to do that and we’re going to <i>blend</i> the cover powder out to clear powder at the cuticle for a more natural look with better adhesion. <p><u>12.30pm – Break</u></p> <p><u>1.30pm – Reverse French Application</u></p> <ul style="list-style-type: none"> Once again, you thought you had French nailed, right? You are a soon-to-be master of traditional application, but some techs prefer ‘reverse application’ – and some techniques require it. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> ‘Natural’ Acrylic Extensions 10.30am-12.30pm Name: _____ French Acrylics – 1.30pm-4.30pm Name: _____ <p>All models need naked nails</p>

Date	Time	Content	Models
Day Six (Day Two of Week Two)	9am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am – French Liquid and Powder with Extended Nail Bed</u></p> <ul style="list-style-type: none"> • Yesterday we learned how to blend to colours together to disguise a short natural nail plate, and we also learned how to do reverse application. Today we combine both techniques – this is the most advanced set you will do during your training. <p><u>1.30pm – Break</u></p> <p><u>2.30pm - Liquid & Powder Rebalance</u></p> <ul style="list-style-type: none"> • Following on from your backfill lesson in Module Two, we learn how to rebalance. Rebalancing is a very similar maintenance service which also allows us to move (or ‘rebalance’) the French tip. • Just for fun, we’re going to use Glitter Powder to create our new tips! <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> • French Acrylics - 10.30am-1.30pm Name: _____ • French ‘Rebalance’/Backfill 2.30pm-4.30pm Name: _____ <p>All models need naked nails EXCEPT the last one – she should have Acrylics on already and be happy to leave with a French finish.</p>