

Date	Time	Content	Models
Day One	10am-5pm	<p><b><u>10am – Welcome</u></b></p> <p><b><u>10.30am - French Liquid &amp; Powder Extensions</u></b></p> <ul style="list-style-type: none"> <li>• Today we learn how to complete the nails that will eventually make up your Liquid and Powder Assessment. We're still extending the natural nail – but this time the nails we sculpt will be French.</li> <li>• By now you know the pros and cons of using both tips and forms, and have experience with both. You will most likely specialize in one or the other once you graduate so during this session you can choose which method you use.</li> </ul> <p><b><u>1.30pm – Break</u></b></p> <p><b><u>2.30pm - Liquid &amp; Powder Removal, Cracks &amp; Breaks</u></b></p> <ul style="list-style-type: none"> <li>• Now that we know how to put Liquid and Powder <i>on</i>, we're going to learn how to safely take it <i>off</i>. There is still a lot to learn about application, but being able to take it off will make life a lot easier with practicing on friends and family.</li> <li>• Since we're going to take them off anyway, we will use this opportunity to learn how to fix cracks and breaks in the nails and we'll also learn about different ways of finishing the nail.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> <li>• French Acrylics - 10.30am-1.30pm Name: _____</li> <li>• Removal of Acrylics – 2.30pm-4.30pm Name: _____</li> </ul> <p>The 2.30pm model needs to already have Acrylic Extensions on and be happy to have them removed.</p>

Date	Time	Content	Models
Day Two	10am-5pm	<p><b><u>10am – Welcome</u></b></p> <p><b><u>10.30am – Natural Liquid and Powder Extensions</u></b></p> <ul style="list-style-type: none"> <li>You thought you had these nailed, right? You do – <i>if</i> the client wants them painted. If not, you’re going to need to disguise their short natural nail somehow or the finished effect won’t be so cute. We’re going to use a ‘cover powder’ to do that and we’re going to <i>blend</i> the cover powder out to clear powder at the cuticle for a more natural look with better adhesion.</li> </ul> <p><b><u>12.30pm – Break</u></b></p> <p><b><u>1.30pm – Reverse French Application</u></b></p> <ul style="list-style-type: none"> <li>Once again, you thought you had French nailed, right? You are a soon-to-be master of traditional application, but some techs prefer ‘reverse application’ – and some techniques require it.</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> <li>‘Natural’ Acrylic Extensions 10.30am-12.30pm Name: _____</li> <li>French Acrylics – 1.30pm-4.30pm Name: _____</li> </ul> <p>All models need naked nails</p>

Date	Time	Content	Models
Day Three	10am-5pm	<p><b><u>10am – Welcome</u></b></p> <p><b><u>10.30am – French Liquid and Powder with Extended Nail Bed</u></b></p> <ul style="list-style-type: none"> <li>• Yesterday we learned how to blend to colours together to disguise a short natural nail plate, and we also learned how to do reverse application. Today we combine both techniques – this is the most advanced set you will do during your training.</li> </ul> <p><b><u>1.30pm – Break</u></b></p> <p><b><u>2.30pm - Liquid &amp; Powder Rebalance</u></b></p> <ul style="list-style-type: none"> <li>• Following on from your backfill lesson in Module Two, we learn how to rebalance. Rebalancing is a very similar maintenance service which also allows us to move (or ‘rebalance’) the French tip.</li> <li>• Just for fun, we’re going to use Glitter Powder to create our new tips!</li> </ul> <p><b><u>4.30pm – Wind Down and Review</u></b></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> <li>• French Acrylics - 10.30am-1.30pm</li> </ul> <p>Name: _____</p> <ul style="list-style-type: none"> <li>• French ‘Rebalance’/Backfill 2.30pm-4.30pm</li> </ul> <p>Name: _____</p> <p>All models need naked nails EXCEPT the last one – she should have Acrylics on already and be happy to leave with a French finish.</p>