

Date	Time	Content	Models
Day One	10am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am - Natural Hard Gel Extensions</u></p> <ul style="list-style-type: none"> We're moving on from Liquid and Powder for a while, focusing instead on Hard Gels. The gel itself is very different to Acrylic, but everything else (prep, forms, tips, filing) is the same so with this already under your belt, picking up gel is a piece of cake! <p><u>1pm – Break</u></p> <p><u>2pm - French Hard Gel Extensions</u></p> <ul style="list-style-type: none"> Expand your Gel skills by learning how to complete a French-look Hard Gel Extension. <p><u>4.30pm – Wind Down and Review</u></p>	<p><i>NOTE: Hard Gel Extensions look like Acrylics but the technique is different. From a client's perspective, they're the same thing.</i></p> <p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> 'Natural' Hard Gel Extensions 11am-1pm <p>Name: _____</p> <ul style="list-style-type: none"> French Hard Gel Extensions 2pm-4.30pm <p>Name: _____</p> <p>All models need naked nails</p>

Date	Time	Content	Models
Day Two	10am-5pm	<p><u>10am – Welcome</u></p> <p><u>10.30am - Hard Gel Rebalance</u></p> <ul style="list-style-type: none"> • Today we learn how to maintain Hard Gel enhancements, practicing a Rebalance <p><u>1pm – Break</u></p> <p><u>2pm – Hard Gel Removal, Cracks & Breaks</u></p> <ul style="list-style-type: none"> • As with Liquid and Powder, now that we know how to apply Gel, we’re going to learn how to take it off safely. We’ll also practice repairing cracks and breaks beforehand. We’ll be working on each other, using the Overlay nails you did earlier in the week. <p><u>3.30pm – Shapes</u></p> <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need the following models today –</p> <ul style="list-style-type: none"> • French Rebalance/Backfill 11am-1pm <p>Name: _____</p> <ul style="list-style-type: none"> • Hard Gel Removal – 2.20-3.30pm <p>Name: _____</p> <p>The first model at 11am will ideally already have Acrylic or Hard Gel extensions on that are at least a week old. Most models won’t know what Hard Gel is. Asking for someone with Acrylic on is fine.</p> <p>The second model at 2.20pm will need to already have Hard Gel extensions on and be happy to have them removed.</p> <p>If this model is hard to find, try asking your peers in the Novice/Grads Facebook group, or be prepared to apply a couple of Hard Gel Extensions to yourself at lunch time and practice removal on your buddy.</p>