

Date	Time	Content	Model Required?	Model Name
Day One	9am-5pm	<p><u>9am - WELCOME!</u></p> <ul style="list-style-type: none"> Get to know Monaco Nail Academy, your educators, your fellow students and of course the wonderful course you will be immersed in for the next while. <p><u>9.30am – Theory – Client Consultations</u></p> <ul style="list-style-type: none"> Before we get started, it’s all about the client. Learn how to perform a professional consultation before starting a service, identify contraindications (alarm bells that tell us not to proceed) and keep thorough client records. <p><u>10.30am - Traditional Polish Manicure</u></p> <ul style="list-style-type: none"> Let’s jump right into the deep end - learn how to perform a Traditional Polish Manicure. All Products will be introduced as we go – be careful to take notes as this information will most certainly appear in your assessments at the end of course. <p><u>12pm – Lunch</u></p> <p><u>1pm - Traditional Polish Manicure – French Finish</u></p> <ul style="list-style-type: none"> Practice what you just learned by repeating a Traditional Polish Manicure. This time however, step it up a bit by learning how to freehand a French Tip. <p><u>2.30pm – Nail Art</u></p> <ul style="list-style-type: none"> Let’s spend the afternoon playing with pretty things! <p><u>4.30pm – Wind Down and Review</u></p>	<p>Note that throughout your course, you will share one model between two students (with the exception of Assessments).</p> <p>We suggest that you use the Novice/Grads Facebook Group to communicate with your peers, pair up and take turns finding models that you then share, completing one hand each.</p> <p>You and your partner will need models at 10.30am and 1pm. You may want to advise your 1pm model that their French manicure may not have white tips.</p>	

Date	Time	Content	Model Required?	Model Name
Day Two	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Hygiene</u></p> <ul style="list-style-type: none"> Learn why we need to follow safety and sanitation practices, what products we should use, and how we use them correctly. <p><u>10.30am – Deluxe Add-Ons (including Lunch at 12.30pm)</u></p> <ul style="list-style-type: none"> Today we cover some of the ‘add-ons’ or extra services we can offer clients. Learn which strengthening treatments really work and which don’t, plus the best ways to help a client with weak nails. Discover how to create a luxurious experience for your client in the form of Express, Classic and Deluxe Manicure Upgrades Experience Masks and learn which ingredients to look out for when looking for various health and skin benefits Master the techniques required to offer a beautiful hand massage to each client <p><u>2.30pm – Deluxe Manicure</u></p> <ul style="list-style-type: none"> Complete a Deluxe Manicure on a model <p><u>4pm – IBX Treatment</u></p> <ul style="list-style-type: none"> Complete an IBX Treatment on a model – this is suited to people with damaged or weak nails. 	<p>You and your partner will need models at 2.30pm and 4pm.</p> <p>We get asked often if the 2.30pm model needs naked nails – yes, all models need naked nails unless otherwise specified.</p>	

Date	Time	Content	Model Required?	Model Name
Day Three	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Anatomy</u></p> <p><u>10.30am - Gel Polish Manicure</u></p> <ul style="list-style-type: none"> • Having mastered our Manicure steps, we now change tact slightly by completing the service with Gel Polish instead of Traditional Polish. This gives us a whole new range of skills with slightly different preparation, application and finishing as well as a whole new set of pros and cons. <p><u>12pm – Break</u></p> <p><u>1pm - Gel Polish Removal & Gel Polish Manicure – French Finish</u></p> <ul style="list-style-type: none"> • What do we do when a Gel Polish client comes back? • How do we maintain Gel Polish Manicures to keep clients returning? • Learn how to remove Gel Polish with ease – without damaging the natural nail! • Master the art of freehand French Polish finishes. • Sneak in a few tips and tricks for making French Manicures even easier. • Plus learn the fastest way to complete French Polish – perfect for bridal parties. <p><u>3pm – Nail Art</u></p> <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need models at 10.50am and 1pm. The 1pm model should already have Gel Polish on. You may also want to advise your 1pm model that their French manicure may not have white tips.</p>	

Date	Time	Content	Model Required?	Model Name
Day Four	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Troubleshooting and Disorders</u></p> <p><u>10.30am – Theory - Pedicures</u></p> <ul style="list-style-type: none"> • Learn about Pedicure Safety, Ergonomics when providing Pedicure services and how to price Pedicures. <p><u>11.45am – Dry Pedicures (including Lunch at 12.45pm)</u></p> <ul style="list-style-type: none"> • Learn how to perform a safe Pedicure service without the use of a spa or soaking facility. <p><u>3pm – Male Manicures</u></p> <ul style="list-style-type: none"> • Complete a ‘Man’-icure service – that’s right, we’re doing Mani’s for Men. • Follow your traditional Manicure Steps, leaving out the polish but adding a Deluxe Upgrade. • Ideal for the occasional Bridegroom, Film, TV and Photographic work, as well as the ever increasing number of men who just want to take care of themselves. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You will practice Pedicures on each other at 12pm.</p> <p>You and your partner will need a model at 3.15pm (this model should be a male if possible).</p>	