

Date	Time	Content	Model Required?	Model Name
Day One	9am-5pm	<p><u>9am - WELCOME!</u></p> <ul style="list-style-type: none"> • Get to know Monaco Nail Academy, your educator, your fellow students and of course the wonderful course you will be immersed in for the next while. <p><u>9.30am – Theory – Client Consultations</u></p> <ul style="list-style-type: none"> • Before we get started, it's all about the client. Learn how to perform a professional consultation before starting a service, identify contraindications (alarm bells that tell us not to proceed) and keep thorough client records. <p><u>10.30am - Traditional Polish Manicure</u></p> <ul style="list-style-type: none"> • Let's jump right in the deep end and learn how to perform a Manicure. • All Products will be introduced as we go – be careful to take notes as this information will most certainly appear in your assessments at the end of course. <p><u>11.30pm – Lunch</u></p> <p><u>12.30pm - Deluxe Add-Ons</u></p> <ul style="list-style-type: none"> • Discover how to create a luxurious experience for your client in the form of Express, Classic and Deluxe Manicure Upgrades • Experience Masks and learn which ingredients to look out for when looking for various health and skin benefits • Master the techniques required to offer a beautiful hand massage to each client <p><u>2.30pm – Deluxe Manicure</u></p> <ul style="list-style-type: none"> • Complete a Deluxe Manicure on a model <p><u>4.30pm – Wind Down and Review</u></p>	<p>Note that throughout your course, you will share one model between two students (with the exception of Assessments).</p> <p>We suggest that you use the Novice/Grads Facebook Group to communicate with your peers, pair up and take turns finding models that you then share, completing one hand each.</p> <p>You and your partner will need models at 10.30am and 2.30pm.</p>	

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Day Two	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Hygiene</u></p> <ul style="list-style-type: none"> Learn why we need to follow safety and sanitation practices, what products we should use, and how we use them correctly. <p><u>10.30am – Traditional Polish Manicure – French Finish</u></p> <ul style="list-style-type: none"> Practice what you just learned by repeating a Traditional Polish Manicure. This time however, step it up a bit by learning how to freehand a French Tip. <p><u>11.30pm – Lunch</u></p> <p><u>12.30pm - Gel Polish Manicure</u></p> <ul style="list-style-type: none"> Having mastered our Manicure steps, we now change tact slightly by completing the service with Gel Polish instead of Traditional Polish. This gives us a whole new range of skills with slightly different preparation, application and finishing as well as a whole new set of pros and cons. <p><u>2.30pm - Gel Polish Removal & Gel Polish Manicure – French Finish</u></p> <ul style="list-style-type: none"> What do we do when a Gel Polish client comes back? How do we maintain Gel Polish Manicures to keep clients returning? Learn how to remove Gel Polish with ease – without damaging the natural nail! Master the art of freehand French Polish finishes. Sneak in a few tips and tricks for making French Manicures even easier. Plus learn the fastest way to complete French Polish – perfect for bridal parties. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need models at 10.30am, 12.30pm and 2.30pm</p> <p>The 2.30pm model should already have Gel Polish on.</p>	

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Day Three	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Anatomy</u></p> <p><u>10.30am – Male Manicures</u></p> <ul style="list-style-type: none"> • Complete a ‘Man’-icure service – that’s right, we’re doing Mani’s for Men. • Follow your traditional Manicure Steps, leaving out the polish but adding a Deluxe Upgrade. • Ideal for the occasional Bridegroom, Film, TV and Photographic work, as well as the ever increasing number of men who just want to take care of themselves. <p><u>11.30am – Break</u></p> <p><u>12.30pm – Theory - Pedicures</u></p> <ul style="list-style-type: none"> • Learn about Pedicure Safety, Ergonomics when providing Pedicure services and how to price Pedicures. <p><u>1.45pm – Dry Pedicures</u></p> <ul style="list-style-type: none"> • Learn how to perform a safe Pedicure service without the use of a spa or soaking facility. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need a model at 10.30am (this model should be a male if possible).</p> <p>You will practice Pedicures on each other at 1.45pm.</p>	

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Day Four	9am-5pm	<p><u>9am – Welcome and Recaps</u></p> <p><u>9.30am – Theory – Troubleshooting and Disorders</u></p> <p><u>10.30am – Theory – Dipping Systems</u></p> <ul style="list-style-type: none"> Dipping Systems have been around for 30 years but are only just coming back into the spotlight now. Learn the ‘what’ before we learn the ‘how’ <p><u>11.15am – Plain Dip on Natural Nails</u></p> <ul style="list-style-type: none"> Using the manicure techniques you have already learned, apply a dip product to natural nails. You will be working on your buddy - not a model – all day today, <p><u>12.15pm – Break</u></p> <p><u>1.15pm – French Dip on Natural Nails</u></p> <ul style="list-style-type: none"> Step it up a notch for the easiest French you will ever do. <p><u>2.15pm – Dip Overlays with Tips</u></p> <ul style="list-style-type: none"> We’ll discuss the pros and cons of this application technique in class but for those of you who aren’t planning on doing acrylic or hard gel extensions this is a good application to know! <p><u>3.15pm – Maintenance and Removal Demos</u></p> <ul style="list-style-type: none"> Your Educator will demonstrate how to maintain and remove Dip nails with a few sneaky art demos in between. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You do not need models today but as you will be working on each other, you do need naked nails.</p> <p>If for any reason you can’t have product applied to yourself, you may bring a model to share with your buddy, however they will be required from 11.15am-3.15pm and will not leave with 10 matching nails.</p>	