

Date	Time	Content	Model Required?	Model Name
Day One	9am-5pm	<p><u>9am – Welcome</u></p> <p><u>9.30am – Theory – UV Light</u></p> <ul style="list-style-type: none"> • There’s a lot of information out there about UV Lights and the potential exposure to UV rays during Gel Manicures. Today we learn the truth about UV, the levels of risk we expose ourselves too, and the best ways to minimize the (very small) risk. <p><u>10.30am – Introduction to Acrylic Beads and Ratios</u></p> <ul style="list-style-type: none"> • It’s onto Liquid and Powder (commonly known as Acrylic) nails! Today we learn how to form beads of acrylic, control it in liquid form and mix with the right ratios. <p><u>12pm – Break</u></p> <p><u>1pm – Overlays</u></p> <ul style="list-style-type: none"> • Once we’ve worked for a while on a practice sheet, we will move onto applying an overlay of Liquid and Powder to the nail for strength. <p><u>2.30pm – Nail Art</u></p> <p>Let’s spend the afternoon playing with shiny things. That’s why you’re here, right?!</p> <p><u>4.30pm – Wind Down and Review</u></p>	You and your partner will need a model at 1pm.	

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Day Two	9am-5pm	<p><u>9am – Welcome</u></p> <p><u>9.30am – Theory – Biohazards</u></p> <ul style="list-style-type: none"> • Make sure you know your Biological risks and how to avoid them – plus what to do if the best intentions to avoid them don't go to plan. <p><u>10.30am - Natural Liquid & Powder Extensions with Forms</u></p> <ul style="list-style-type: none"> • It's time to step it up a notch, learning how to use forms to extend our liquid and powder beyond the natural nail for both strength <i>and</i> length. • For even stronger nails, we'll show you how to enhance the curve of a nail, and explain exactly what impact that has on the longevity of the nail. <p><u>1pm – Break</u></p> <p><u>2pm - Focus On Filing</u></p> <ul style="list-style-type: none"> • Having applied Extensions this morning, we now need to learn how to finish that nail to perfection – filing correctly, efficiently, and for maximum results. <p><u>3.30pm – Nail Art</u></p> <p>Let's spend the afternoon playing with shiny things. That's why you're here, right?!</p> <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need a model at 10.30am.</p> <p>If there was ever a time to bring in your Mum or BFF, this is it - they need to hang around through lunch and until 3.30pm.</p> <p>Don't forget though that you only need one model between two, so find a partner who is also attending this class and find one model to share.</p>	

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Day Three	9am-5pm	<p><u>9am – Welcome</u></p> <p><u>9.30am – Theory – Chemical Hazards</u></p> <ul style="list-style-type: none"> Learn which chemicals you are exposing yourself to, which have the potential to be harmful, and how to completely avoid any unnecessary exposure. <p><u>10.30am - Natural Liquid & Powder Extensions with Tips</u></p> <ul style="list-style-type: none"> By now you have some experience extending natural nails with forms – but that’s not the only way to do so. Today, learn how to complete the same set of nails using tips instead. We’ll teach you the pros and cons of Tips vs Forms and when you should choose each option. <p><u>1.30pm – Break</u></p> <p><u>2.30pm – Liquid & Powder Backfill</u></p> <ul style="list-style-type: none"> Now that we have a firm grasp on Liquid and Powder Application, it’s time to start learning how to maintain it. Liquid and Powder nails never need to be removed as they can be backfilled and rebalanced, repaired and altered to suit. Today we learn how to do a simple 2 or 3-weekly maintenance service called a Backfill. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need to bring in models at 10.30am and 2.30pm.</p> <p>The 2.30pm model will ideally already have extensions on that are at least a week old.</p>	

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Day Four	9am-5pm	<p><u>9am – Welcome</u></p> <p><u>9.30am – Theory – Ingredients and Safety When Using Them</u></p> <ul style="list-style-type: none"> • Expand your knowledge of the potential hazards around you, how to avoid them and what to do if you accidentally... don't. • Learn how to keep ourselves and our clients as safe as possible at all times. <p><u>10.30am - French Liquid & Powder Extensions</u></p> <ul style="list-style-type: none"> • Today we learn how to complete the nails that will eventually make up your Liquid and Powder Assessment. We're still extending the natural nail – but this time the nails we sculpt will be French. • By now you know the pros and cons of using both tips and forms, and have experience with both. You will most likely specialize in one or the other once you graduate so during this session you can choose which method you use. <p><u>1.30pm – Break</u></p> <p><u>2.30pm - Liquid & Powder Removal, Cracks & Breaks</u></p> <ul style="list-style-type: none"> • Now that we know how to put Liquid and Powder <i>on</i>, we're going to learn how to safely take it <i>off</i>. There is still a lot to learn about application, but being able to take it off will make life a lot easier with practicing on friends and family. • Since we're going to take them off anyway, we will use this opportunity to learn how to fix cracks and breaks in the nails and we'll also learn about different ways of finishing the nail. <p><u>4.30pm – Wind Down and Review</u></p>	<p>You and your partner will need to bring in models at 10.30am and 2.30pm.</p> <p>The 2.30pm model will ideally already have Acrylic Extensions on and be happy to have them removed.</p> <p>You <i>should</i> have time to finish her nails with Gel Polish if you like.</p>	