

Mastering PolyGel Application

Session Sign Off Sheet

YOU MUST BRING THIS SHEET TO ALL SESSIONS

IMPORTANT –

There are many lessons listed on this sheet as optional.

This is because the majority of our students complete this course as an upskill or addition to their Acrylic training, which we recommend you do first.

*When completing this course additional to Mastering Acrylic, the skills marked as optional are skills you have already learned with Acrylic that are easily transferrable to PolyGel. We don't believe you **MUST** learn these skills all over again from scratch.*

If you do not wish to learn Acrylic at all, the 'optional' lessons become compulsory in order for you to receive your qualification.

Column Explanations –

1. **Session Number** – Recommended order of completion. It is not compulsory to complete sessions in this order (see ‘Complete the following sessions FIRST’)
2. **Skill** – The thing we are learning in this session. The Educator or Mentor will demonstrate the skill and you will practice it.
3. **Sessions Required** – Some skills in some modules need more than one session to complete, for example your first ever set of extensions. Some others are fairly quick and you may be able to complete two skills in one session if you are an efficient worker. The number in this column is based on averages however you can work at a slower or faster pace. Do not rush yourself! Note that some sessions say .5, as in POINT 5 – none of them say 5 full sessions, be careful not to misread this. The sessions that say 1-2 are up to you – if you work by yourself and complete two hands, you may need two session (morning and afternoon on the same day with lunch in between). If you find a buddy or have a generous model and only complete 5 nails, you will more likely only need one session.
4. **Complete the Following Sessions First** - You can complete the sessions in the order shown under ‘Session Number’ BUT to make it easier on models and schedules, we also allow you to mix it up to a certain degree. If you plan on mixing it up, please pay careful attention to THIS column ‘Complete the following sessions First’. We will be checking your sign off sheet (this sheet) on arrival to make sure you are ready for what you have planned. If you are not ready (have not completed the prerequisite sessions) and are inflexible with being able to swap for another skill, your session will be marked incomplete and will need to be rebooked at your own cost (\$90).
5. **Online Learning Prerequisites** – Your Educator will demonstrate the steps in person however you are still required to have done prior learning online before arrival. If you are not ready (have not completed the prerequisite online learning) and are inflexible with being able to swap for another skill or to catch up on the online learning before you start your model, your session will be marked incomplete and will need to be rebooked at your own cost (\$90).
6. **Buddy/Model Details** – You can work by yourself on your model OR to save time and take the pressure off, you are welcome to post in our Student Facebook Group and look for a buddy who wants to complete the same skill at the same time, therefore allowing you to work on one hand each of the same model. You are only required to complete 5 nails to have a skill signed off (you will complete 10 when you do your portfolio). Note that you are required to work on a model for at least 80% of your sessions. We do not allow you to work on practice hands – the alternative to a model is your own nails or the nails of your buddy.
7. **Sign Off** – This column is to be completed by an Educator only and is proof of completion.
8. **Notes** – Anything extra we need you to know about your session.

Also note that all sessions can be booked in person or online via the Virtual Classroom.

Session Number	Skill	Sessions Required	Complete the following sessions FIRST	Online Learning Prerequisites	Buddy/Model Details	Sign Off (Completed by Educator)	Notes
1 Optional \$90	<i>PolyGel Overlay</i>	1	This session must be completed first	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/polygel-overlay-steps-2/	Model must arrive with naked nails	Date: _____ Educator: _____	No length will be added, this is just strength over the natural nail
2	<i>PolyGel Extensions – One Colour with FORMS</i>	1-2	1	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/natural-polygel-extensions-written-steps/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added, you may or may not have time to paint them depending on your speed.
3 Optional \$90	<i>PolyGel Extensions – One Colour with TIPS</i>	1-2	1	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/natural-polygel-extensions-written-steps/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added, you may or may not have time to paint them depending on your speed.
4	<i>PolyGel Extension – French</i>	1-2	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/french-polygel-extensions-written-steps/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added

Session Number	Skill	Sessions Required	Complete the following sessions FIRST	Online Learning Prerequisites	Buddy/Model Details	Sign Off (Completed by Educator)	Notes
5 Optional \$90	Backfill	1	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/polygel-backfill-written-steps/	Model must already have a set of Extensions (Acrylic, Hard Gel or PolyGel is fine) on with at least 7 days of growth	Date: _____ Educator: _____	2-3 Weekly Maintenance You may or may not have time to paint them depending on your speed.
6 Optional \$90	Rebalance	1-2	5	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/polygel-rebalance-written-steps/	Model must already have a set of Extensions (Acrylic, Hard Gel or PolyGel is fine) on with at least 7 days of growth	Date: _____ Educator: _____	2-3 Weekly Maintenance French Finish
7 Optional \$90	Removal, Cracks and Breaks	1	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/polygel-removal-written-steps/	Model must already have a set of PolyGel Extensions on	Date: _____ Educator: _____	Model will leave with naked nails
8 Optional \$90	Square, Squoval, Round, Oval	1-2	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/frequently-asked-questions-text-recap/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added Model will leave with oval extensions

Session Number	Skill	Sessions Required	Complete the following sessions FIRST	Online Learning Prerequisites	Buddy/Model Details	Sign Off (Completed by Educator)	Notes
9 Optional \$90	<i>Almond Extensions</i>	1-2	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/frequently-asked-questions-text-recap/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added
10 Optional \$90	<i>Coffin Extensions</i>	1-2	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/frequently-asked-questions-text-recap/	Model must arrive with naked nails	Date: _____ Educator: _____	Length will be added
11 Optional \$90	<i>Nail Biter</i>	1-2	2	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/frequently-asked-questions-text-recap/	Model must arrive with naked nails and be a genuine nail biter	Date: _____ Educator: _____	Minimal length will be added
12	<i>PolyGel Assessment</i>	1-2	5	Everything up to and including https://monaco.ac.nz/course/online-mastering-polygel/lessons/frequently-asked-questions-text-recap/	Model must arrive with naked nails	Date: _____ Educator: _____ Score: _____	If you have already completed an Assessment with PolyGel, you do not also need to complete this one.