

Mastering PolyGel Application

Lesson Guide

Column Explanations (refer to the following page) –

1. **Lesson Number** – This is our recommended order of completion. It is not compulsory to complete lessons in this order (but see point 4 below about lesson prerequisites).
2. **Skill** – The thing we are learning in this session. The Educator or Mentor will demonstrate the skill to you, and will check in with you as you practice it. You do not have to have practiced or even attempted the skill prior to coming to the lesson! We expect you to complete 10 nails during the lesson, however we will accept 5 nails if the nature of the skill (like your first ever set of extensions) means you are unable to complete 10 nails in the time available.
3. **Lessons Required** – Some skills may need more than one 3-hour lesson to complete, for example your first ever set of extensions. Some others are fairly quick, and you may be able to complete two skills in one session if you are an efficient worker. The number in this column is based on averages, but you can work at a slower or faster pace. Do not rush yourself – your mentor will not be able to sign off the lesson unless each step is attempted properly.
4. **Complete the Following Lessons First** – You can complete the lessons in the order shown under ‘Lesson Number’ BUT to make it easier on models and schedules, we also allow you to mix it up to a certain degree. If you plan on mixing it up, please pay careful attention to THIS column ‘Complete the following lessons first’. We will be checking your Student Record to make sure you are ready for what you have planned. If you are not ready (because you have not completed the prerequisite lessons) and are inflexible with being able to swap for another skill, your lesson will be marked incomplete and will need to be rebooked at your own cost.
5. **Online Learning Prerequisites** – Your Educator will demonstrate the steps however you are still required to have completed the relevant online learning before arrival. If you are not ready (have not completed the prerequisite online learning) and are inflexible with being able to swap for another skill, or to catch up on the online learning before you start your model, your lesson will be marked incomplete and will need to be rebooked at your own cost.
6. **Model Details** – This column outlines whether your model needs to have bare nails or product on at the start of the lesson. Note that you are required to work on a person for at least 80% of your lessons. We do not allow you to work on practice hands. You can work on your own nails for up to 20% of your lessons. It is a good idea to save this for emergencies, such as model sickness.

Lesson number	Skill	Lessons required	Complete the following lessons FIRST	Online learning prerequisites	Model details	Lesson notes
1	<i>PolyGel Overlay</i>	1	This lesson must be completed first	Everything up to and including 'PolyGel Overlay Steps'	Model must arrive with naked nails	No length will be added, this is just strength over the natural nail
2	<i>PolyGel Extensions – One Colour with FORMS</i>	1-2	1	Everything up to and including 'Natural PolyGel Extensions – Written Steps'	Model must arrive with naked nails	Length will be added, you may or may not have time to paint them depending on your speed.
3	<i>PolyGel Extensions – One Colour with TIPS</i>	1-2	1	Everything up to and including 'Natural PolyGel Extensions – Written Steps'	Model must arrive with naked nails	Length will be added, you may or may not have time to paint them depending on your speed.
4	<i>PolyGel Extension – French</i>	1-2	2 or 3	Everything up to and including 'French PolyGel Extensions – Written Steps'	Model must arrive with naked nails	Length will be added
5	<i>Backfill</i>	1	2 or 3	Everything up to and including 'PolyGel Backfill – Written Steps'	Model must already have a set of Extensions (Acrylic, Hard Gel or PolyGel is fine) on with at least 7 days of growth	2-3 Weekly Maintenance You may or may not have time to paint them depending on your speed.

6	Removal, Cracks and Breaks	1	1	Everything up to and including 'PolyGel Removal – Written Steps'	Model must already have a set of PolyGel Extensions on	Model will leave with naked nails
7	Nail Biter	1-2	2 or 3	Everything up to and including 'Frequently Asked Questions – Text Recap'	Model must arrive with naked nails and be a genuine nail biter	Minimal length will be added
8	PolyGel Assessment	1-2	1-7	Everything up to and including 'Frequently Asked Questions – Text Recap'	Model must arrive with naked nails	See criteria under 'How to Pass the PolyGel Assessment'

Lesson Pricing

We're all about making learning flexible and convenient for you. We offer lessons both online and in-person, with the option to learn one-on-one or in a group setting. This way, you can choose the format that suits your needs best. Just keep in mind that pricing may vary depending on your preferences. You can find the latest pricing info through our [online booking system](#). If you need any help with booking, go to your [local regional chat](#) or [contact us](#).

Free Repeats

One of the benefits of training at Monaco Nail Academy is that you can repeat online group classes for free within 12 months of course commencement. *Please note that this only applies after you have completed ALL lessons of a particular module, and does not apply to 1:1 lessons.* You can view the full Terms and Conditions of free repeats at <https://monaco.ac.nz/legal/terms-and-policy/>.